

# Barren River

## DISTRICT HEALTH DEPARTMENT

Barren, Butler, Edmonson, Hart, Logan,  
Metcalfe, Simpson, and Warren Counties



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**Topic:** COVID-19 GUIDANCE FOR COMMUNITY  
**FOR IMMEDIATE RELEASE**  
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### COVID-19 AND WHO SHOULD BE TESTED

The Barren River District Health Department is investigating 20 cases of COVID-19 in the Barren River District, two of which have recovered. Warren County has twelve cases, Simpson County has six, and Logan County has two. The news of positive cases has understandably raised concern for many community members. We should all prepare for the number of positive cases to continue to increase in the coming days, and take measures to calm anxiety and fear. Due to a limited amount of tests and supplies, only certain groups of people need be tested. Below is some information that might help in making decisions about testing and seeking medical care.

#### What you should know:

- Most people who get COVID-19 have mild illness and are able to recover at home
- There is no treatment specifically approved for this virus
- Primary care physicians and clinicians make decisions about testing

#### Who is at higher risk and should be tested if showing symptoms?

- People who are age 65 and older
- People who live in a nursing home or long-term care facility and have symptoms
- Other high-risk conditions could include:
  - People with chronic lung disease or moderate to severe asthma
  - People who have serious heart conditions
  - People who are immunocompromised including cancer treatment
  - People of any age with severe obesity (body mass index [BMI]  $\geq 40$ ) or certain underlying medical conditions, particularly if not well controlled, such as those with diabetes, renal failure, or liver disease might also be at risk
- People who are pregnant should be monitored since they are known to be at risk with severe viral illness, however, to date data on COVID-19 has not shown increased risk
- People who are immunocompromised, including cancer treatment patients, people who smoke, those with bone marrow or organ transplantation, those with immune deficiencies, poorly controlled HIV or AIDS, and prolonged use of corticosteroids and other immune weakening medications

Kentucky's COVID-19 Reporting Hotline: 1-833-597-2337 or report online at <https://govstatus.egov.com/kysafer>. For questions about COVID-19, call the State hotline at (800) 722-5725, BRDHD's COVID-18 Information Line at 270-781-8039, or visit [www.barrenriverhealth.org/covid-19-information](http://www.barrenriverhealth.org/covid-19-information) or <https://govstatus.egov.com/kycovid19>.

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